

Magnesium Hydroxide

Names	Magnesium hydroxide (mag nee' zee um hye drox' ide) is the generic drug name. Milk of Magnesia [®] is an example of a brand name. Products for acne, constipation, indigestion may contain magnesium hydroxide – check the label.
How Do I Take This Medication?	Milk of Magnesia comes as a tablet or liquid to take by mouth. Follow the directions on the package or on your prescription label carefully, and ask your doctor or pharmacist to explain any part you do not understand. Shake the liquid well before each use.
Why am I Taking This Medication?	Milk of Magnesia is used on a short-term basis to treat constipation.
What Should I Tell My Doctor Before I Begin Taking It?	Tell your doctor: <ul style="list-style-type: none">• if you are allergic to magnesium hydroxide or any other drugs• what prescription and nonprescription medications you are taking, including vitamins• if you have or have ever had kidney disease
When To Call Your Doctor	Although side effects from Milk of Magnesia are not common, they can occur. If you experience any of the following symptoms, call your doctor: <ul style="list-style-type: none">• stomach cramps, upset stomach• vomiting• diarrhea
What Else Should I Know About Milk of Magnesia?	This medication usually is taken as needed. If your doctor has told you to take magnesium hydroxide regularly, take the missed dose as soon as you remember it. However, if it is almost time for the next dose, skip the missed dose and continue your regular dosing schedule. Do not take a double dose to make up for a missed one.