



Discharge Checklist for Autologous TCT Patients*

*Exceptions to your individual discharge plan are possible

- Discharge Range: TCT team will discuss the approximate dates written on white board in room
- Count recovery: your ANC (absolute neutrophil count**) is above 1.5 per microliter
- Good oral intake: you can eat, drink, and tolerate medications
- IV medications: you are off of IV nausea and pain medications for at least 24 hours
- Nausea, diarrhea, & pain: minimal, and controlled with oral medications
- Fever: generally, no fever for 24 hours & off of antibiotics
- Caregiver: in place, with teaching completed
- Home/lodging: is ready and confirmed by social worker
- Cleared by: attending physician, NP, PA, nurse, physical therapist, and dietician
- Prescriptions: arranged by your TCT team and delivered to your room
- Central line: will be removed before or on day of discharge

On Discharge Day

- Primary caregiver should arrive 9:00am day of discharge. Discharge goal: 11:00am
- Primary caregiver **must** be present for discharge instructions/information from the TCT team
- A pharmacist will review your home medications with you and your caregiver
- Your nurse oversees & reviews filling the pill box with your caregiver
- Your case manager arranges home care services, if needed (including physical therapy)
- Instructions & appointment times are provided. **BRING all the medication bottles, medication sheet, and pillbox with you to your clinic visit the next day.**

**Your caregiver must be present for your first clinic visit,
and as directed by your TCT team!**



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