

Contact Precautions

Dear Patient and Visitors

We want to give you important information about the infection control measures used while you or your loved one is in the hospital. This fact sheet explains Roswell Park's

Contact Precautions.

- A **Contact Precautions** sign will be placed on the door of the patient room.
- The doors to the room can be open or closed, depending on the patient's preference, unless there is a medical reason for it to remain open.
- All staff must wear a gown and gloves when entering the room.
- Visitors do not usually have to wear a gown and gloves. There may be times when our staff will ask them to, such as when they are helping to care for the patient.
- Patients on **Contact Precautions** can leave their room to walk or to have tests done. Put on a clean gown and gloves before going for a walk.
 - Wash your hands BEFORE putting on your gown and gloves, and AFTER taking off your gown and gloves
 - Do NOT go to "public" places such as the solarium and the patient nutrition room (Staff or the family should go if the patient needs something)
- Sometimes, a patient is placed on both **Contact Precautions** and **Airborne Precautions**, usually due to a shingles infection. We will let you and your visitors know if this is the case.
- **Everyone** must perform hand hygiene (washing with soap and water and scrubbing for 15 seconds **OR** using hand sanitizer) **every time** they **ENTER** and **EXIT** the room.
- Infection Control precautions are designed to **protect** staff, visitors, other patients, and **YOU** from getting sick. While patients and visitors are here at the hospital, it is important for everyone to wash their hands and to follow all of the precautions.
- If you have any questions, please visit the nurse's station.



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