

Resources and Support for Breast Cancer Patients

Support Groups & Helplines

Roswell Park's CancerConnect

community.roswellpark.org Available 24/7

For anyone whose life has been touched by cancer; connect with Roswell patients as well as the national CancerConnectcommunity.

For the Breast of Us

breastofus.com/breast-cancer-baddie-directory

An inclusive online community for women of color diagnosed with breast cancer; offers "Breast Cancer Baddie Directory" to help find women of color affected by breast cancer and private Facebook page for community support.

After Breast Cancer Diagnosis (ABCD)

abcbd breastcancersupport.org Phone: 800-977-4121

Provides free, customized, one-to-one emotional support to anyone impacted by a breast cancer diagnosis including family and friends; pairs people who share a similar diagnosis and treatment plan.

American Cancer Society

cancer.org Phone: 800-227-2345

Online community by and for people with cancer and their families; includes discussion boards, chat rooms, and private e-mail communications.

As We Are Now LLC

amyhartl.com Phone: 716-215-2621,

Offers private Facebook group for women at all stages of their breast cancer diagnosis. Also offers oncology massage and lymphatic drainage. Email hello@amyhartl.com, or visit www.lmt.amyhartl.com

Bosom Buddies of WNY

Phone: 716-652-1930 or 716-698-7717

Connects newly diagnosed with survivors for informal friendship and support.

Breast Cancer Coalition of Rochester Inc

bccr.org Phone: 585-473-8177

Serving those diagnosed with breast or GYN cancers in western and central NY; services include peer mentoring, virtual and in person support groups, and individual education sessions on managing your diagnosis.

Breast Cancer Network of WNY

bcwnyny.org Phone: 716-706-0060

Offers “TLC Tote Program” containing info and comfort items; Adopt-a- Family offers financial assistance to families; various support groups and monthly education programs. Call for dates and times.

Cancer Care Hopeline

cancercare.org Phone: 800-813-4673

Available Monday – Thursday: 10:00 a.m. – 6:00 p.m. Friday: 10:00 a.m. – 5:00 p.m.

Offers counseling, case management, online support groups, education, and financial assistance.

Komen for the Cure

komen.org Phone: 877-465-6636

Offers free support from trained oncology social workers, as well as guidance to local resources; Helpline available Mon. - Fri., 9:00 a.m.-10:00 p.m. (in Spanish and English)

Living Beyond Breast Cancer Helpline

lbbc.org Phone: 888-753-5222

Connects you to a trained volunteer, diagnosed with breast cancer, for emotional support, guidance and hope. Offers private Facebook Groups and YWiConnect (free text message service for young women with breast cancer).

Metastatic Breast Cancer Network

mbcnetwork.org Phone: 888-500-0370

Offers links to various support groups and helplines for women with metastatic breast cancer.

SHARE

sharecancersupport.org Phone: 844-275-7427

latina.sharecancersupport.org

Available 7 days a week 9:30 a.m. – 9:00 p.m. in 20 languages

Connects you with a peer with a similar diagnosis and treatment. Online and phone support groups.

We Can Row Buffalo

wecanrowbuffalo.com Phone: 716-681-3333

Offers group support while actively participating in the sport of rowing.

Young Survival Coalition

youngsurvival.org Phone: 877-972-1011 or 646-257-3000

Focuses exclusively on unique issues of young women with breast cancer; connect with online community 24/7; one-to-one peer support from a trained survivor volunteer; connect on Facebook (youngsurvivorcoalition), Twitter (@YSCBuzz), YouTube (YSC YoungSurvival), Instagram (youngsurvivalcoalition).

Prostheses and Adaptive Bras

Ashley's Lingerie & Swimwear (formerly Blums)

shopashleys.com

Phone: 716-633-8999

5501 Main Street, Suite 2, Williamsville NY, 14221 Mon.- Sat., 10:00 a.m.- 6:00 p.m., Sun., 11:00 - 4:00

Bras and swimsuits for post mastectomy patients.

AuNaturel

aunaturelboutique.com Phone: 716-839-7144

5977 Main St., Williamsville, NY 14221 By appointment only, Monday – Thursday, 9:00a.m. - 5:00p.m., Friday: 9:00 a.m. - 3:00 p.m., Saturday: 10:00 a.m. - 1:00 p.m.

Professional fitters to measure you for breast prosthetics, balance shapers, surgical bras, post mastectomy camisoles, and swimwear.

Bay City Ortho – Jamestown

Phone: 716-483-0289

560 W Third St., Jamestown NY 14701 Mon-Fri: 9 am- 5 pm. Sat & Sunday: Closed

Professional fitters for post mastectomy products. Call for appointment.

Buffalo Pharmacy

1479 Kensington Ave, Buffalo NY, 14215 716-832-7742

6035 Transit Rd, East Amherst NY, 14051 716-625-9288

Bras, prosthesis*Insurance Accepted*

buffalopharmacies.com

Her Story

Herstorybuffalo.com herstorybuffalo@gmail.com

Phone: 716-886-6457

1438 Hertel Ave., Buffalo NY 14216 Wed. – Sat., 11:00 a.m. – 6:00 p.m.

Post-surgery bras and lingerie

Knitted Knockers

knittedknockers.org

Knitted Knockers are hand knit or crocheted breast prosthesis by volunteers for women who have undergone mastectomies; visit website to request.

Lands' End Mastectomy Swimwear

Landsend.com (search for “mastectomy swimwear”) Phone: 1-800-963-4816

Specialized post mastectomy swimwear

Look Good Feel Better

lookgoodfeelbetter.org

Offers live virtual workshops where you can learn about skin care, makeup, wigs, head coverings, nail care, body image, and styling.

Masthead

mastheadpink.com **info@mastheadpink.com** **Phone: 855-233-5224**

Specially designed Elizabeth Pink Surgical Bra for post breast surgery patients.

Recovery Shirt

therecoveryshirt.com

A specially designed shirt for male breast cancer patients for post op recovery, doctor visits, radiation, chemo, sleeping and daywear.

Sheridan Surgical

sheridansurgical.com **info@sheridansurgical.com**

Phone: 716-836-8780

4513 Bailey Ave, Buffalo NY 14226 **Mon.-Fri., 9:00 a.m. – 5:00 p.m., Sat, 9:00 a.m. – 3:00 p.m.**

Prosthesis and bras for mastectomy and lumpectomy patients.

Taylor'd Beauty

taylordbeauty.com email:info@taylordbeauty.com

Phone: 716-508-0802

2813 Wehrle Dr Suite 13, Williamsville NY 14221 **Tues.-Fri., 9:00 a.m. – 6:00 p.m.**

Nipple and areola reconstructive tattooing

Tender Loving Care (TLC)

tlcdirect.org **Phone: 800-850-9445**

American Cancer Society's publication, TLS, offers products for women coping with cancer treatments that cause hair loss; products include wigs, hairpieces, hats, turbans, breast forms, mastectomy bras and mastectomy swimwear. Visit their website to order products.

Thelma's Mastectomy Boutique

Thelmasboutique.com **info@thelmasboutique.com**

Phone: 585-256-2460

1057 E Henrietta Rd, Suite 300, Rochester, NY 14623

Professional fitters for post mastectomy products. Call for appointment.

Financial Assistance

Roswell Park Financial Office Located on ground floor of the main hospital

Phone: 716-845-4782

New York State residents who are uninsured or have difficulty paying their out-of-pocket costs at Roswell Park may be eligible for discounts; call our financial counselors for assistance.

The Assistance Fund

tafcares.org Phone: 855-730-5871

Helps patients facing high medical out-of-pocket costs by providing financial assistance for coinsurance, deductibles, and other health-related expenses. Visit enroll.tafcares.org to apply.

Breast Cancer Network of WNY Metastatic Fund

bcnwny.org Phone: 716-706-0060

Provides financial assistance for metastatic breast cancer patients; apply online at bcnwny.org.

Cancer Care

cancercare.org/financial Phone: 800-813-4673

Offers limited financial assistance for cancer-related costs such as transportation and childcare, and our oncology social workers can help you find resources.

Health Well Foundation

healthwellfoundation.org Phone: 800-675-8416

Offers financial assistance for insurance copays, premiums, and deductibles as well as out of pocket expenses for supplies, supplements, and surgeries. To apply, visit www.healthwellfoundation.org/patients/apply

Komen Financial Assistance Program

komen.org Phone: 877-465-6636

Financial assistance for eligible individuals undergoing breast cancer treatment; offers links to other financial assistance programs. Email: helpline@komen.org

Living Beyond Breast Cancer Fund

lbbs.org/get-support/financial-assistance

Provides one-time grants to help ease the financial burden of breast cancer; distributed to help people in active treatment for early-stage breast cancer or living with metastatic breast cancer; can be used to pay vital expenses such as rent, utility bills, car payments, and car insurance.

National Cancer Assistance Foundation

natcaf.org Phone: 866-413-5789

Provides financial assistance for breast cancer patients such as rent, utilities, transportation, groceries, lodging while at treatment, childcare costs, and other essential living expenses; to apply visit www.natcaf.org/request-assistance

Needy Meds

Needymeds.org Phone: 800-503-6897

Connects patients with organizations in their state that offer financial assistance for medication costs.

Patient Advocate Foundation Co-Pay Relief Fund

copays.org/patients-family Phone: 866-532-5274

Helps eligible cancer patients pay for co-pays, co-insurance, deductibles, prescriptions, and out-of-pocket expenses. Visit their website to apply.

The Pink Fund

thepinkfund.org Phone: 877-234-7465

Offers short-term financial aid to breast cancer patients in active treatment; direct bill payments for health insurance premiums, mortgage, rent, utilities, car payments, and car insurance.

United Breast Cancer Foundation

ubcf.org

Offers programs and services to support families and individuals dealing with breast cancer; financial services include individual grants, in-kind donation items, child sponsorship program, assistance with cost of reconstructive surgery.

Women's Cancer Fund

womenscancerfund.org Phone: 832-270-8300

Provides financial assistance for rent and utility costs for women diagnosed with breast cancer; funds are disbursed monthly based on individual need and availability of funds. Visit their website to apply.

Fertility and Pregnancy Resources

Buffalo Infertility & IVF Associates

Phone: 716-839-3057

4510 Main Street, Suite 200

Buffalo, NY 14226

CNY Fertility Buffalo

Phone: 716-688-5131

835 Hopkins Rd Buffalo, NY 14221

Livestrong Fertility Assistance Program

livestrong.org/fertility-clinic-search

Livestrong partners with fertility clinics through the country to provide discounted fertility preservation rates to people affected by cancer before and after treatment. Visit their website to find a fertility clinic in your area.

Hope for Two: The Pregnant with Cancer Network

hopefortwo.org Phone: 1-800-743-4471

Offers free support for women diagnosed with cancer while pregnant; connect women who are currently pregnant with cancer with other women who have experienced a similar cancer diagnosis.

Multicultural, Multilingual, and LGBTQIA+ Resources

Komen para la cura (Komen for the Cure)

komen.org

Education, resources, and support offered in Spanish for breast cancer patients.

SHARE

latina.sharecancersupport.org

Education, resources, and support offered in Spanish and 18 other languages for breast cancer patients.

Sisters Network Inc

sistersnetworkinc.org Phone: 866-781-1808

A national African American breast cancer survivorship organization

Facing our risk Cancer Empowered (FORCE)

Enfrentando Nuestro Riesgo

facingourrisk.org Phone: 866-288-7475

Offering education and support for Spanish speaking and LGBTQIA+ community.

Homecare Resources

Assisting Angels

Phone: 716-741-1330

Offers general daily assistance for seniors in need; services are non-medical and include transportation, medication management, meals.

Cleaning for a Reason

cleaningforareason.org

Provides free home cleaning to patients battling cancer; Visit their website to apply.

Comfort Keepers

comfortkeepers.com Phone: 716-674-0061

Provides in-home care for seniors in need of assistance with daily activities. Available in Orchard Park.

Male Breast Cancer Resources

American Cancer Society Breast Cancer in Men

cancer.org/cancer/breast-cancer-in-men.html

Information on breast cancer in men, including risk factors, symptoms, how it is found, and how it is treated.

BreastCancer.org

breastcancer.org/types/male-breast-cancer

Information on breast cancer in men, including risk factors, symptoms, how it is found, and how it is treated.

Male Breast Cancer Coalition

malebreastcancercoalition.org Phone: 913-362-2196

Offers education, resources, and advocacy for male breast cancer patients; monthly men only virtual support groups. Email: mmpeggy@gmail.com

National Cancer Institute (NCI) Male Breast Cancer Treatment

cancer.gov/types/breast/patient/male-breast-treatment-pdq

An NCI database that contains the latest information about male breast cancer treatments, screening, prevention, genetics, supportive care, and complementary and alternative medicine, plus drug information and a dictionary of cancer terms.

The Recovery Shirt

therecoveryshirt.com

A specially designed shirt for male breast cancer patients for post op recovery, doctor visits, radiation, chemo, sleeping and day wear.

Roswell Park Resources

11 Day Power Play Cancer Resource Center

Mon.-Fri., 9:00 a.m. to 4:00 p.m.

Provides information, support, resources, educational materials, and referrals to Roswell Park resources. Located on the first floor of the hospital by the Tower elevators.

Elevate Salon

Phone: 716-845-8659

Patients experiencing hair loss due to cancer treatment are eligible to receive one complimentary wig and a complimentary head covering. Professional stylists are available by appointment. Located on the first floor of the Clinical Sciences Center near the entrance to the Breast Oncology Center.

If you have any questions or concerns please contact
Rachel Wallmeyer, Patient Navigator for the Breast Center

Phone: 716-845-1300 ext 7218

Email: rachel.wallmeyer@roswellpark.org