

## Aluminum Hydroxide

Names	The generic drug name is aluminum hydroxide (a loo' mi num hye drox' ide). Amphojel <sup>®</sup> , AlternaGEL <sup>®</sup> , Alu-Cap <sup>®</sup> , Alu-Tab <sup>®</sup> , and Dialume <sup>®</sup> are brand names. There may be other names for this medication.
How is it Administered?	Aluminum hydroxide comes as a capsule, tablet, and an oral liquid and suspension.
What is it Used For?	Aluminum hydroxide is used to relieve heartburn, sour stomach, and peptic ulcer pain, and to promote the healing of peptic ulcers.
What Should I Tell My Doctor Before I Begin?	<ul> <li>Tell your doctor if you:</li> <li>have had an allergic reaction to aluminum hydroxide or any other medications, foods, sulfites, preservatives, or dyes</li> <li>are pregnant or breastfeeding</li> </ul>
	This drug may interact with others or cause harmful side effects. To help prevent any problems, tell your doctor and pharmacist about your health problems and about all the prescription and over-the-counter medications, vitamins, and herbal/diet supplements that you are taking.
What Are Some Side Effects?	<ul><li>Constipation, hemorrhoids</li><li>Loss of appetite</li></ul>
How Can I Manage These?	<ul> <li>Increase your fluid and fiber intake if you are experiencing constipation.</li> <li>Consult your doctor before taking any laxative products.</li> </ul>
When Should I Call Doctor?	Call your doctor immediately if you have confusion, unusual tiredness, or muscle discomfort or weakness.
What Else Should I Know About Aluminum Hydroxide?	<ul> <li>Take your other medications 1 hour before or 2 hours after aluminum hydroxide.</li> <li>Take the missed dose as soon as you remember it. If it is almost time for the next dose, skip the missed dose and continue your regular schedule. Do not take a double dose.</li> <li>Keep this medication in the container it came in, tightly closed, and out of reach of children. Store it at room temperature and away from excess heat and moisture (not in the bathroom). Throw away any medication that is outdated or no longer needed.</li> </ul>