



Comprehensive services to address your unique needs as a cancer survivor and help you move toward a higher level of wellness.

Our team approach to your care continues beyond completion of your cancer treatment.

SURVIVORSHIP

AT ROSWELL PARK COMPREHENSIVE CANCER CENTER



RoswellPark.org



LIFE AFTER CANCER

Completing your cancer therapy is a monumental milestone. As you graduate from active treatment to survivorship care, we understand how your medical history may pose new or ongoing challenges to your continued health and quality of life. At Roswell Park, we care about your well-being beyond treatment and want to see you enjoy a full and healthy life for years to come.

Our **Survivorship Program** brings together many of Roswell Park's clinical and supportive services, specifically designed for people like you, as you face forward and learn to embrace a new normal. Our Survivorship team can help:

Detect and manage any complications

or side effects from your disease or its treatment.

Restore your body and soul with rehabilitative therapy, nutrition counseling, and emotional support and guidance.

Create a plan that will be your roadmap to your healthiest lifestyle possible.

Why It Matters

Surgery, chemotherapy, radiation, transplant and other cancer treatments are harsh on the body, and many cancer survivors face a higher risk for medical and psychosocial effects, such as:



Teresa Johnson,
Medical Social Worker

- Secondary cancers
- Issues with sexual function
- Cardiovascular complications
- Anxiety, distress and depression
- Chronic pain or neurological symptoms
- Fatigue, sleep disorders and insomnia
- Financial problems
- Stress of your caregivers

You may benefit from these tests.

We'll help arrange the ones you need.

- ✓ Full body skin check
- ✓ Bone density scan
- ✓ Mammogram
- ✓ Colonoscopy
- ✓ Heart and lung function tests
- ✓ Pap test
- ✓ Lung cancer screening



Karen Larkin, Nurse Practitioner (left), Jill Downen, Clinic Liaison (center)

How We Can Help

Our team will develop a long-term, personalized care plan according to your specific diagnosis and treatment history. We provide:

Medical and preventive care, including an annual clinic visit, timely cancer screenings and surveillance scans; vaccinations; nutrition counseling; and management of symptoms such as fatigue, sleep issues, and difficulty with intimacy and/or fertility.

Social support and guidance, including spiritual care, support groups and one-on-one counseling to address post-treatment adjustment, anxiety and stress.

Pain management to help you find relief from new or ongoing symptoms.

Rehabilitation services, including physical, occupational and speech therapy and lymphedema treatment.

Legal and financial assistance to help you sort through issues with returning to work, collecting disability benefits, securing health and/or life insurance and completing an advance directive, living will and health care proxy.

Referrals to smoking cessation to help you kick the habit through classes, counseling or nicotine replacement personalized to your needs.

Pediatric, adolescent and young adult survivorship services designed specifically for those who had cancer as a child, teen or young adult.

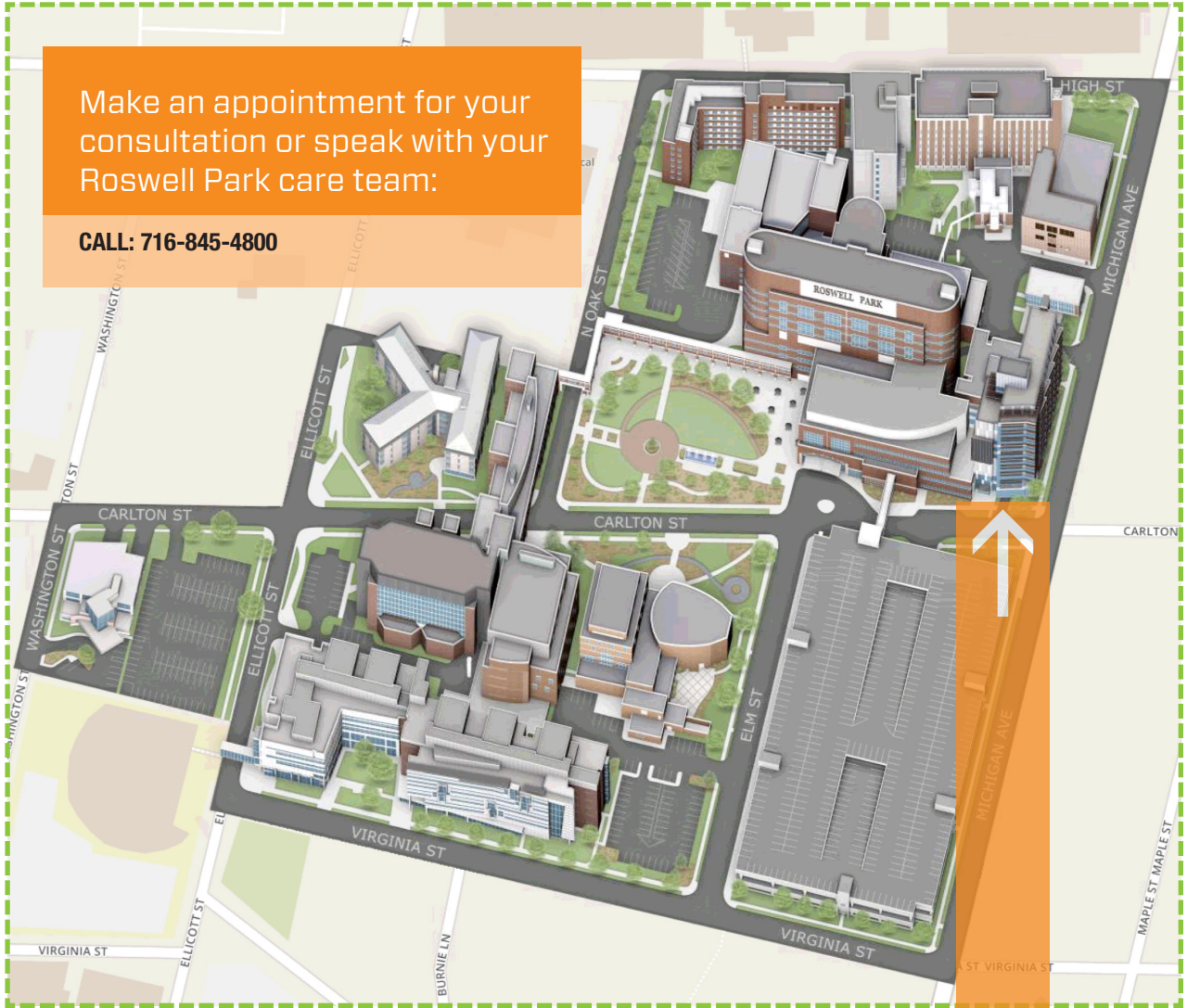


Eileen Rogers, Occupational Therapist

We're located on the **3rd Floor** of the **Scott Bieler Clinical Sciences Center**,
across the street from Roswell Park's parking garage.

Make an appointment for your
consultation or speak with your
Roswell Park care team:

CALL: 716-845-4800



Elm & Carlton Streets | Buffalo, New York 14263
www.RoswellPark.org | 1-800-ROSWELL (1-800-767-9355)

A National Cancer Institute-Designated Comprehensive Cancer Center | A National Comprehensive Cancer Network Member
A Blue Distinction® Center for Cancer Care | A Blue Distinction® Center for Transplants